



New Exhibit on Local Farming by Japanese Americans Opening February 2nd at Historic 100F Hall



Saruwatari Farm in Los Berros, 1917

—Courtesy of Gene Saruwatari

By Craig Rock, Librarian and
Resource Center Director

Chunks of earth fly into the air as a horse-drawn plow passes by, a man weighs down the back of the plow so it cuts into the fertile ground. A few scenes later we see a Japanese-American farmer getting off his farm machine. The Nipomo Mesa is visible in the background. This 1930's film footage of Oceano is only one of the rare sights in store for visitors to the South County Historical Society's new exhibit on the lives of Japanese-American farmers in this area.

The exhibit, entitled "Japanese-American Life in South County, Farmers, Friends and Baseball, 1900-1950," opens in three phases at the IOOF Hall in Arroyo Grande, starting Saturday, February 2nd at 2 PM. The first phase visually depicts the history of local farming families and their cultural pastimes. Guest Speaker **Shizue Seigel**, author of *In Good Conscience*, will talk about the role of neighbors in helping to save farms along the West Coast when local Japanese Americans were forced to "resettle" in internment camps during WW II. Signed copies of her book will be available. The book includes stories about South County residents who helped their neighbors during and after the war. Ms. Seigel's grandparents farmed land in Pismo in the early 1900's.

The second exhibit phase, opening March 8, will focus more closely on Japanese-American baseball, an important part of their culture especially during this period. The third exhibit phase, opening April 5, will focus on POVE, the Pismo Oceano Vegetable Exchange. The entire exhibit runs through May.

Each exhibit opening will feature guest speakers, films, and hundreds of photographs never before seen by the general public. A mainstay of the exhibit will be a three-dimensional model depicting family farming plots of Japanese Americans in the Arroyo Grande Valley and on coastal farms from Avila to Oso Flaco.

Local Stories, Local Support

It's an exhibit full of local stories -- from historic film footage provided by the Hayashi family, to family photographs provided by the many families who answered a questionnaire sent out by the historical society, to the history of the Japanese-American cultural center on Cherry Street. The three-dimensional model is the result of a collaborative effort of Arroyo Grande resident **Lillian Sakurai**, Berkeley architect **Margaret Ikeda**, and the exhibit research team of the South County Historical Society. Ms. Sakurai, who was raised on Avila and Pismo farms before WW II, has collected information and photos on Japanese-American life in South County. **Ms. Ikeda** grew up in a local farming family and graduated from Arroyo Grande High School before moving to the Bay Area.

(Continued on page four)



Girl's Club meeting Arroyo Grande, c.1930s

CALENDAR of ACTIVITIES

Monday, Jan. 28

Paulding Work Day, 9-12 AM

Saturday, Feb. 2

Japanese American Exhibit
Opening, 2 PM/IOOF Hall

Monday, Feb. 4

Paulding Monthly Meeting
10:00 AM

Tuesday, Feb. 5

Adopt-A-Poll, 6 AM – 9 PM

Friday, Feb. 8

Antique Show Set-Ups
& BBQ, 8 AM – 8 PM

Saturday, Feb. 9

Antique Show, 10 AM – 5 PM
S. County Regional Center

Sunday, Feb. 10

Antique Show, 10AM – 4 PM
S. County Regional Center

Monday, Feb. 11

Paulding Work Day, 9-12 AM

Tuesday, Feb. 12

No General Monthly Meeting

Monday, Feb. 18

Paulding Work Day, 9-12 AM

Wednesday, Feb. 20

Board of Directors, 7-9 PM

Monday, Feb. 20

Paulding Work Day, 9-12 AM

Monday, Feb. 25

Beta Sigma Psi Meeting
6:30 PM IOOF Hall

Heritage Square Museums

Open Saturday, 12-3 PM
Open Sunday, 1-4 PM

Historic IOOF Hall

Open Friday, 1-5 PM
Open Saturday, 1-5 PM

Pat Loomis Library

Open M-F, 1-5 PM

Effie's Easy Buttermilk Pie Recipe

—Adapted 2000 from Melinda Farmer's recipe in Belle Chasse, Louisiana, Lake Hermitage Volunteer Fire Department Ladies' Auxiliary Special Tri-Centennial Edition Cookbook, published Feb. 1999.

1 frozen pie crust, thawed

2 eggs slightly beaten

1 cup sugar

1 tsp. vanilla

1 c. Kitchen Buttermilk [See recipe below]

4 Tbsp. flour [Recommend Bob's Red Mill 'White Whole Wheat' flour]

7 Tbsp. butter, melted, slightly cooled

Tin foil

Preheat oven to 350.

Beat eggs, sugar, vanilla till smooth. Beat in buttermilk. Then beat in flour. Then beat in melted butter. Pour into pie shell.

Optional: Sprinkle 1-2 Tbsp. finely diced walnuts on top.

Optional: Add ½ c. sweetened shredded coconut in batter.

Bake at 350 degrees for 50-60 minutes until knife inserted in center comes out clean. Bake on jelly roll pan to catch spills. This is important.

Place 4" high ring of tin foil loosely around pie to keep crust from burning.

Remove foil the last 15 minutes to allow pie and crust to brown to golden brown.

After baking, cool on wire rack.

Kitchen Buttermilk

4 1/2 teaspoons white vinegar

Almost 1 cup fat free milk

Place vinegar in glass measuring cup, add enough milk to make 1 cup total.

Stir. Let stand for 10 to 15 minutes. Will curdle. Refrigerate if not used promptly.

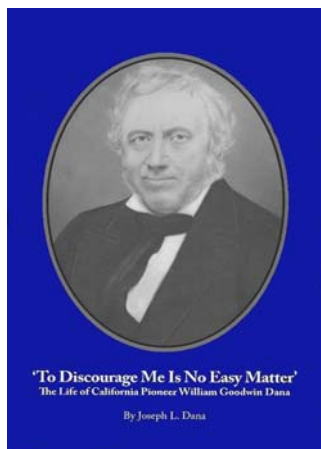
(Pies available for purchase at the Antique Show)

Many thanks to our Basket Committee who donated, filled and decorated the baskets to be raffled at the Antique Show, Feb. 10.

L. to R. **Ethel Gilliland, Beth Garner, Bee Hodges, Sandra Worsham, Sue Schimandle, Norma Burton, Paulette McCann, Barbara LeSage, Committee Chair, Margaret Haak, Barbara Vinson.** (Mary Ann Feller not pictured) The baskets' approximate values range

from \$65 to \$100. They offer

wonderful treats with intriguing themes: *A Spa Weekend for Two, Love and Kisses, Red & White All Over, True Blue, By The Fireside, In the Kitchen Plus, Home Accents* to name just a few.



'To Discourage Me Is No Easy Matter'

The Life of California Pioneer

William Goodwin Dana

According to author Joseph L. Dana, the book began as a college thesis and he was able to access primary documents (actual letters, journals and other records, not copies) in researching the life of William Goodwin Dana. In more recent years, and with considerable additional research, many details of William's life are recounted from his birth in Boston to his days as a clipper ship captain and trader in the Pacific to his settling in Santa Barbara, marrying Maria Josefa Carrillo, being granted the Nipomo property from the Mexican government to the raising of his family at the adobe in Nipomo. From Yankee to seafaring adventurer to becoming Mexican citizen, he had experiences as a merchant, a politician, a rancher and a statesman. His life was one of challenge and change, and this book tells his story.

Ed Note: Joseph L. Dana will be signing copies of this book about his great-great-grandfather at the Antique Show.



South County Historical Society
Presents the 27th Annual



Antique Show & Sale

February 9 10 am - 6 pm

February 10 10 am - 4 pm

South County Regional Center
800 W. Branch Street Arroyo Grande

To Volunteer: Phone 489-8282

22 DEALERS of ANTIQUE
Furniture, Glass, Jewelry, Art,
Postcards & Collectibles



GIFT BASKETS & PRIZE DRAWINGS

Donation \$1.00 each or 6 for \$5.00

Tickets Available at the Door

Drawing Held on Sunday at 4:00 pm

Winner need not be present



New Exhibit on Local Farming by Japanese Americans

(Continued from Page One)



Along with the exhibit a living history project will give visiting Japanese Americans a chance to record their recollections of South County life if they haven't already done so. Visitors are encouraged to bring along copies of their family histories and photographs. Photographs will be scanned at the IOOF Hall and the originals returned immediately. Visitors can also view the histories of other participants

The exhibit is not only about the lives of the farming families who still work local lands. Most Japanese Americans on West Coast farms lost their leased lands during the WW II internment camp period. Some returned seeking work in this area after the war and temporarily lived at the cultural center and Japanese language school buildings on Cherry Street in the Village of Arroyo Grande. The still-standing cultural center now hosts Boy Scout and judo club meetings but it was, as exhibit photographs will help show, a center for weddings, funerals, Japanese films and plays, annual picnics and other events and classes.

The March 8 exhibit opening will highlight baseball players from Arroyo Grande, Pismo, San Luis Obispo and other areas who participated in the Japanese American leagues at the time. Kerry Yo Nakagama, who recently wrote, *Through a Diamond: 100 Years of Japanese-American Baseball*, will be special guest. There will also be a special showing of the film *American Pastime*, which he helped produce. The baseball exhibit is coordinated by James Statler, who wrote his graduate thesis at UC Santa Cruz on the Japanese American baseball in the internment camps.

Tashio Kamo - Photo Courtesy Kamo Family Collection

The April 5th opening will feature the history of the Pismo Oceano Vegetable Exchange (POVE), presented by Vard and Tom Ikeda. This agricultural exchange is one of the few remaining cooperatives that united Japanese-American farmers in South County in

their successful effort to compete with larger agricultural concerns throughout the United States. More details on this program will follow.



A wedding at the American-Japanese Cultural Center on Cherry St., in Arroyo Grande c.1930s.

The IOOF Hall is located at 128 Bridge Street, Arroyo Grande. Exhibit hours are Fridays and Saturdays, 1 to 5 P.M. **For more information contact: Craig Rock or Barbara Main at 805-489-8282**

Our Balance Sheet, as of 12/31/07 reflects the following:

Total Current Assets = \$663,913.15
Total Fixed Assets, not including valuation of actual property = \$397,504.94
Total Other Assets = \$39,089.69
Total Assets = \$1,100,507.78
Total Liabilities = \$192.
Total Equity = \$1,100,315.78

Total Liabilities & Equity = \$1,100,507.78

—Membership Co-chairs: Paulette McCann and Bee Hodges



Forgotten Something?

A renewal letter was mailed to all members in mid-November 2007, encouraging you to renew your 2008 membership. We need to hear from you as soon as possible so you can continue to receive our newsletters! We value your support of the Society as a member, won't you drop your check in the mail today?

If you would like to make a donation to our Society, please consider our major projects for 2008:

- the new permanent display for the Branch Millstones
- restoration and repair of Paulding History House, including state and national historical designation
- ongoing improvements to the IOOF Historic Hall and its exhibits.

If you are a corporation, this year Corporate Memberships are available in the amounts shown below in the renewal form. Give us a call if you would like to know the advantages of being a Corporate Member.

Our Society is sustained through the devotion, dedication and support of our many volunteers, the financial support from our patrons and membership contributions and dues.



2008 Membership Renewals Are Due Now

Individual.....\$15	Family w/children under 18.....\$40	Patron (business/individual)....\$200
Couple.....\$30	Sustaining (individual).....\$100	Life (individual).....\$500+

Corporate Memberships

Platinum.....\$5,000	Gold.....\$2,500	Silver.....\$1,000
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MEMBERSHIP SOUTH COUNTY HISTORICAL SOCIETY

☐ RENEWAL

☐ NEW

Name (s) * _____

Address * _____

Home Tel: * _____ Work Tel: _____ Email: * _____

Type of Membership _____ Amount Enclosed: \$ _____ Check No. _____

Please mail check or money order payable to **SOUTH COUNTY HISTORICAL SOCIETY, PO Box 633, Arroyo Grande Ca 93421.**

If you wish to receive a copy of the Membership Directory by mail, please add \$2.00 donation to your check to cover the cost.

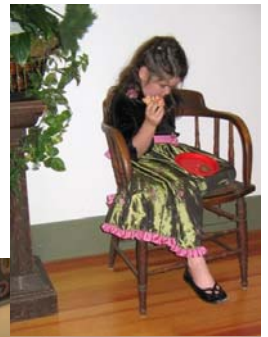
NOTE: (*Starred information will be printed in annual Membership Directory distributed to members unless you indicate otherwise.)



Looking Forward

By Jane Line, President

Christmas 2007



Look at these beautiful photos taken by a lovely new friend, Val Tomlinson! Thank you Val!

On December 2, SCHS participated in the VIA's "Elegant Night in the Village" by having our 1st Annual Christmas Party in the Hall. It provided a wonderful opportunity for our membership to enjoy their own party, while enjoying Christmas carolers singing outside or strolling the beautifully decorated streets throughout the Village of Arroyo Grande. A wonderful time was had by all!



Then there was the food! Throughout the evening, members and guests said our "food was the best"! Thanks go to **Paulette McCann, Barbara LeSage and Edie Juck** for organizing the very successful party. **Crystal Hoving, Bee Hodges, Barbara LeSage, and Edie Juck** provided the lovely table decorations. The following members were responsible for over nineteen



dozen cookies which no doubt guaranteed our reputation for years to come:

Carolyn Huffine, Barbara Main, Jean Fredricks, Linda Fellows, Margaret Haak, Jean Bryan, Nancy Davis, Barbara Freel, Dee Trybom, Lillian Sakarai and Colleen Drees.

I am still coming off the high of our other December event. The **SLO Model Railroad Association** joined SCHS in hosting the **Railroad Week-End** at the Hall – featuring small gauge train exhibits complementing our own **History of Avila**



exhibit. Eight hundred visitors walked through the doors at the Historic Hall in two days to enjoy that wonderful event. More in next month's newsletter, but thanks to **Curtis Reinhardt**, the **SLOMRA**, and **Doc Burnstein's** Ice Cream Lab for making this event so memorable.





Jane Line admiring the new adobe bricks at the Dana Adobe during the Book Signing Event.

SCHS is indebted to the **D.A.N.A.** and president **Herb Kandel** who graciously allowed us to introduce our newest book on the life of **Wm. G. Dana** to our membership at the Adobe! This meant Capt. Dana's great great grandson, author **Joe Dana**, sat at his grandfather's desk and signed books for all who purchased books. Printed below is Joe's speech for that event.

Below, copied in full, are Joe Dana's remarks for our Society's Book Signing event held at the Dana Adobe, January 20, 2008. Joe is the great-great-grandson of Capt. Wm. G. Dana and spent 21 years taking his ancestor's story from a college thesis to our Society's newest book, entitled "To Discourage Me is No Easy Matter" - The Life of California Pioneer William Goodwin Dana.

This is a proud moment. In describing my book, I would liken it to a quilt. Like many quilts, the book has a theme. What you will see again and again, is evidence of a man who led a consequential

life...who was present at important historical junctures and made an impact on them. You also will read about the man's tenacity and determination – character traits that help him navigate a clash of cultures, entrepreneurial challenges, changes in government, and much more. The title is distilled from his own words: "To Discourage me is no easy manner."

Like all quilts, this book looks to weave together smaller parts into something larger. This book takes all of the disparate things we know about Captain Dana and puts them together into an account of his life. To my knowledge, this is the first book that truly attempts to bring together all that is out there about Captain Dana: letters written by him, entries from contemporaries' diaries, official records, reminiscences by a few of his children, and much more. We threw everything but the kitchen sink in there!

Like some quilts, this book took a long time to make....21 years. The book began as senior thesis. When completed in May of 1986, the thesis was approximately half the length of this book. Over the years, and especially in the past three years, I have continually added research to the point where we now have a book-sized account of his life.

Like most quilts, this book has a unique and special appearance. We knew that words alone would not suffice. We made a concerted effort together photographs, pictures, paintings, graphics, tables, and whatever else we felt would help tell Dana's story. I'm proud of the way the book looks!

Let me go into a little more detail. In particular, I would call attention to the following aspects of the book: Dana's childhood, Hawaii (Tom Wheeler's contribution) and letters written between Dana and a fellow sea trader, John Rogers Cooper. Also included are letters written by Dana to merchant Abel Stearns, detailed accounts of life at the rancho by two of Dana's sons, Juan Francisco and Frank, and an appendix about the link between Capt. Dana and his distant cousin, Richard Henry Dana. I was very conscious of the need to provide a reference for future generations and have also included the entire bibliography and all of the footnotes. The sum total is something we are proud of!

I cannot end without talking about some of the critical people who helped me. Barbara Watson is the god-mother of this book. Linda Shepherd is a straightforward, good editor. I am indebted to – the Book Committee of the SCHS and Jane Line and the membership of the SCHS. Finally, my own family: my father and mother, my wife, Angelina, my children Jacob and Sabrina. Thank you and I hope you enjoy the book!



Joe Dana signing Pat Loomis Library book at his great-great-grandfather's desk.

The Heritage Series: Dr. Paulding's Letters

Paulding Letter #4 —

Arroyo Grande, Cal

Jan. 8 '84

Dear sister,

Editor's Note:

In this issue of the newsletter, we are reproducing the fourth and fifth of fourteen letters written by Dr. Paulding to his sister "Tene" when he first left his home and headed West. The letters are reproduced here without editing as he wrote them.

Your long and interesting letter came yesterday and was very welcome. I was glad to hear from home after so long a silence for it takes two days longer each way for a letter than it does at Frisco.

I have been here four weeks yesterday and have no reason to be discouraged though there is not much business, I get a fair price for what I do. I had a baby case yesterday and have another engaged to come off soon.

I have collected \$18.00, not enough to pay my board for that costs \$7.00 per week but have made enough right from the start to consider myself self supporting though I would like to have a hundred dollars so that I could put me up an office. It is impossible to get one and I board in a hard old hotel where no woman will come to consult me on any subject. The amount of drunkenness in this place is fearful to contemplate though there are lots of earnest temperance workers.

We had some California justice yesterday. "Whiskey Jack" got rather the worst of his Christmas racket and brought suit against the rest of the drunks that hung him up and pounded him. He came to me in a fearful fix, both eyes were shut, one rib broken and he was scarred from head to foot. Yet twelve honest (!) men failed to find a verdict against the hoodlums who did it.

I am getting over my homesickness, though I don't exactly feel at home here, as yet.

We need rain the worst way. It is life or death to the cattle interests, this thing of rain. "More rain more grass", means more here than in the east ever. The clouds come up now and then but the showers are light and far between. "There is plenty of time yet", say the hopeful ones but the gloomy ones predominate, and were much disappointed when the holidays passed and there was not the usual "wet Christmas". Some of the valley farmers have a ditch by means of which they irrigate. Others have pumps, or hydraulic rams by means of which they wet their land. One good wetting is all it needs for years.

Well, did you have a nice time up at Sallies for Christmas? I went to a country dance Christmas eve. It was worse than a Mason?? dance. Men tried to dance. They were too drunk to know who their partners were or to which set they belonged.

I lost my hat but got it the next day. It was very complimentary to be told next day by "Whiskey Wm", "We were all a little off last night weren't we Doc". I'll keep clear of such gay scenes hereafter but it was in a good cause, the cause of education. The ball was for the benefit of a school. The district was lately cut off from this but was too late to get an apportionment of taxes. Tickets \$2.00. \$100.00 was cleared. A good supper was laid at midnight.

Christmas dinner I took with Mr. Finley, a roommate of Jim Wallaces at Mammouth. He and his folks are all very nice and his father in law is one of the most prosperous of the "bloated bean holders" and has another daughter that is just "too sweet for any thing", but very young. She would be called a little girl in Ohio, but in this country a girl is a young lady at thirteen and is so near a woman as a girl of seventeen is east. Apple trees are loaded with fruit the third year here. Everything develops early. There are very few old maids in this country. It would be equal to joining the U.P Church to come out here, but don't come yet. It is too raw as yet, and tis too hard to get a decent place to live in. There is one whole street and part of another one and if you walk one way you have to walk back the same way. I have the greatest difficulty in putting in my time. I sometimes walk down toward the beach to where I can hear the breakers roar loudly or I walk up to the Hot Springs, up a narrow and lovely valley. If anybody had those Springs that has any business ability he could make a fortune, for the popular idea is that a spring with a little iron sulphur and magnesia in the water will cure anything. However the springs are reputed good and if advertised and proper accommodations provided, they would have a good run for they are the most accessible in the state to invalids though the least known. Newsom, who owns them, married them and is a typical specimen of the kind that marry these old California fortunes. He will not fix them up decently or let any else do so.

I understand there is to be an opening for a physician at Lompoc, south of here 36 miles. I wish Ormond could sell out and come and settle there as he could do much better than where he is. The doctor who is there talks of moving to Los Angeles and if he does there will be a good opening. The M.D. who is there makes about \$3,000 a year clear coin. There is another Dr. there but he does not amount to much.

I called on Dr. Gibson and found him a very kind and agreeable man. I will keep a look out and may go there myself. The doctor I spoke of came here and has his office at the opposition drug store, mine being in the new drugstore. The old one is in bad repute as the druggist is not at all popular and has no skill as a druggist. The doctor is an old man, but is a good deal like Rab Bemus. No personality about him. He is an hydropathist. He is not doing a land office business but I must not be too confident. We are both new here and there is not telling which will win.

I lost another case since that first, but it was taken off my hands a day or two before it died. It had scarlet fever.

They sent and got a crazy Dr. from San Louis and he told them they did not need a doctor and left medicine to last a week. I had made a bad prognosis.

Well, write soon. Love to all. Put the county in your address.

Put a Dr. on the letter.

Paulding Letter # 5—

Jan. 28th 1884

Dear sister,

Your letter was received last Friday. It was the means of cheering me up wonderfully. I was again becoming homesick. There had been no sickness for three weeks. The weather had been discouraging. "The year is to be dry" everybody said, as they pulled their purse strings tighter. The little grass on the hills was fast perishing. The cattle with gaunt frames looked like the "lean kine" in Joseph's dream, and the farmer's faces had that hopeless look that they are proverbial for. Now all is changed. Three or four inches of the blessed rain has fallen. People look up with grateful hearts and glad smiles. The hills are growing green again and all is hope where all was utter despondency before.

Even to me things look more cheerful for I have had four cases to look after this morning. One is a case of sore eyes, one pin worms, and one drunk, a bank cahier from San Francisco who has been spreeing here for several days and is now all broke up can't sleep, vomiting, and very nervous. He is to be married to a beautiful refined girl on Thursday. I must do quick work or the wedding will have to be postponed. I also have a case of diphtheria, rather a bad one, and of course they will get scared and send to San Louis Obispo for a doctor if it gets worse. Why can't I produce an impression of capability? Am I weak somewhere and show the evidence in my actions? I don't know, but people seem to fear me. I am Hobson's choice so far as this town goes for my oponent is gone to Woodland up in the Sacramento valley to see an old patient of his. He gets \$100.00 and expenses for the trip. He has been gone nearly a week.

I got a letter from Bartholemew saying that he thought he was getting diphtheria and asking me if I would come and attend him if his fears came true. I wrote and told him I would, but as he has not sent for me it is either a light attack or his fears are unfounded. I do pay too much for board and will try and make a change soon. I am to have an office at last but how I'm to furnish it is more than I can make out. My rent will be \$7 per month. There will be a bed and bedding to pay for, chairs, a table, matting or carpet, a stove, a cord of wood etc. etc. I also need a small stock of drugs. The whole will cost \$100. I have just enough to pay this weeks board bill due on Wednesday. I will make my board considerable cheaper and I will get business that will not come to this hotel.

Ryan of this hotel looks like father did when about his age, 50 years, but his eyes are closer together and while both had the same genial nature and power of getting into your confidence, father to use it to do you good, Bill Ryan uses it to do Bill Ryan good. He will take the last cent a sheep herder has over the bar and refuse to give him a bite to eat or a nights shelter afterward.

The number of old chronic drunks is astonishing. I have just had an experience with another noted character referred to in "Roughing It" as "Arkansas". He was the man who bullied the landlord of a hotel in Washoe, I believe, with a revolver and would not take any kind of an apology. He was finally vanquished by the landlady armed only with a big pair of sisc —(how do you spell sizzors). The other day I saw "General" (He has been promoted) sitting on the edge of a water trough looking blue over the prospect of a "dry year". A big shepherd dog stood looking at him, wagging his tail. I stooped to pet the fine animal in the old "I'd like to have a pretty dog and pat him on the head" manner, when I was astounded by the rough remark, "Keep your d-m dirty hands off that dog now." I looked up, with some fire in my eye I suppose, and he to pass it off as a joke, smiled a ghastly smile, but I knew he meant it for an intimidation, but failing to "bulldoze" me gave it up.

The Chinese are having their New Years, but they make it more like a Fourth if July than anything else. They treat their friends, white and bronze, to liquors, cigars, fruits, etc. and fire off lots of crackers.

The rain still falls and beans will be plenty this year. There are two or three kinds of beans raised here. The little white navy is the favorite, next comes a red bean a little larger in size. No castor beans are raised here, though down near Santa Barbary they raise lots of them. Those are the matter of fact practical people who contemplate melting the old mission bell over a hundred years old, that once called the savages of this coast to church and repentance, and making a new one out of it. You could hardly expect better from people who raise castor beans for a living. The ocean is only four miles away and is in sight. If you want my opinion on teaching the freedmen I will say that it is foolish Bishop Warren tells how they are socially ostracized. You never could stand it. Come out here. From the hill back of this house you could look away out over the blue ocean for miles. Away off to the south you could see Point Conception pushing off into the sea. Back east of here is a range of hills from which you can see the distant snow clad Sierra Nevada range. This town is south of San Louis Obispo fourteen miles. There is a range of hills or mountains to pass over and from the pass the view of land and sea and sky is magnificent.

I am gaining in weight two pounds a week but am not fat yet for my hard work in Frisco ran me down a great deal. I only weigh 156 as yet but am still gaining. My business this month will not go over \$50. Last it was nearly \$100, but you must allow for bad pay. School teachers here get \$60 to \$75 per mon. for ladies. Men get more of course. Not because they are better, but because they kick harder. I get dreadful tired of this little hole. Nothing going on that interests me. I go to the temperance lodge once a week and meet a few nice girls but they are very green and don't know it. I went to a leap year party with a cross eyed pumpkin roller. She would not kiss me, however, when I earned it in the game. However her upper lip was too short to come down and kiss her lower one.

I never heard from Jim either. I sent Maudie a star fish last week. The man who owns the Springs is too poor to do anything and too unreasonable to get a partner. I hope for nothing from that quarter. I got a letter from Mag W. lately and must write her soon. Am glad you had a nice time at Sallies. Are there no good doctors in Perrysburg that Geo has to patronize those quacks? I am sorry I did not meet the other Maggie Weddell when she was in Frisco.

I will try and write to Dr. Parker before long. Give my love to all.

Ed L. Paulding.



PATTERNS OF THE PAST

Tidbits, Tribulations, and Tools for Survival

Column this month contributed by Berneda Cochran



THE FOLLOWING ARE EXCERPTS FROM MEDICAL TREATMENTS APPEARING IN "THE HOME LIBRARY OF USEFUL KNOWLEDGE", BY R. S. PEALE, 1883:

Some medical treatments were based purely on superstition and had nothing to do with common sense or scientific medicine. "Folk Medicine" formulas were passed down through families from generation to generation. Some of these remedies made the patient feel better only because the person *believed* they would be cured by the treatment.

"Ague: 1) Hold the body of a dead chicken against the bare feet of the patient. 2) Have the patient swallow a cobweb that has been rolled into a ball.

Croup: Make a mixture of garlic and oil from pigs' feet and rub it into the patient's feet. If available, add skunk oil.

Whooping Cough: The father of the family should place the head of the sick child into a hole in a meadow for a few minutes at dusk. No other family member should be present.

Tuberculosis: Smoke dried cow dung. Inhale the fumes through a pipe.

Teething: Hang the foot of a mole around the neck of the teething child.

Cough and Sore Throat: 1) Simmer a piece of salt pork in hot vinegar and let the meat cool. Attach the pork to a piece of red flannel and fasten around the patient's neck. If no pork is available, tie a dirty sock around the patient's neck. 2) Tie a small piece of pork to a string and thrust it down the patient's throat. Then, with the string, draw it up and allow it to be swallowed again. Repeat many times.

Acute Tonsillitis: During an acute case of tonsillitis, or quinsy, the patient should remain in bed; poultices, or flannels wrung out of hot water, may be applied to the throat; steam may be inhaled, and a gargle of a saturated solution of chlorate of potassium in water may be used. In addition, the following prescription will be found of great use: Quinine--24 grains; Morphine--1 grain. Make six powders. Take one every four hours.

Cholera: There is premonitory diarrhea, and if this be effectually treated there is little danger of the full development of the disease. If more than eight years old, full doses of laudanum should be given, together with acetate of lead and bismuth. For an adult, twenty-five to forty drops of laudanum, or instead, one-sixth to one-quarter grain of morphine after every movement of the bowels. Small doses of red pepper, in addition to the opiates, are useful.

Constipation: Attention should first be directed to a cure of the bad habit of irregularity. The patient should go regularly every morning after breakfast, and take plenty of time to complete the act. Every house should have a comfortable closet, free from bad smells. If in the country, where there are no sewers...the privy should be well built, the outside well boarded up and battened and the inside lathed and plastered so as to keep out the wind... A glass of cold water taken before breakfast is often very helpful. A small pill of aloes, or of aloes and strychnine, which may be had at drug stores, will be found very effective. One pill should be taken every night.

Rheumatism: Notwithstanding the popularity of salicylic acid, or the salicylate of soda...during the last few years, we believe that as much or more may be accomplished by the use of what has been known as the alkaline treatment. The alkali, either bicarbonate of potassa or soda, should be given in full doses, every three to four hours. Lemon juice may be added to the dose. Tincture of aconite applied to the swollen joints often affords relief. Chloroform liniment or soap is also used for this purpose. The salicylate soda is much employed, perhaps at this time more than any other remedy."

Museums Curator

-Jan Scott

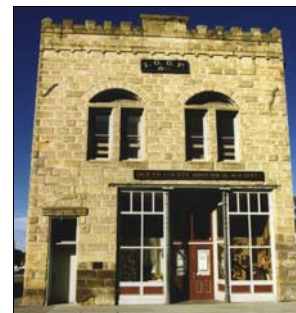
This is an exciting, and long-awaited moment in time. The Historic IOOF Hall has been up and running as an exhibit center for almost a year now, and has been an extraordinarily successful link to other organizations and our community. But now we are moving toward an expansion of what will be offered and what can be done with our beautiful Historic Hall.

To that end, the Board of Directors has created an Historic Hall Options Committee and directed us to actively seek participation and input from all members about possible future uses of the Hall. Some of you may not be aware of the hundreds of people and multi-hundreds of volunteer man hours that have been given to this magnificent retrofit. You may not know about the thousands, tens of thousands, of dollars that have been so generously donated. But what everyone knows is that this splendid building is once again becoming the hub of social activity that it once was.

As **Howard Mankins**, Chair of the Retrofit Committee, puts it, "You have to remember that this Hall was a social center, not only for Arroyo Grande, but for all surrounding communities including Guadalupe and Santa Maria. There was nothing else around."

The Options Committee consisting of **Gary Hoving**, **Effie McDermott**, **Margaret Haak**, **Don Gullickson** and me will be meeting on a regular basis to gather information, sift through it, organize possibilities and bring our findings back to the Board of Directors.

To do the best job possible, we need your input. If you have thoughts about the direction we should be taking with the Hall, we want to hear from you. Contact any committee member or call me (481-4435 or 710-1560) or e-mail (jans194@aol.com) with ideas or with a request to speak with the committee. We welcome your thoughts and will do our best to accommodate everyone who wants to be heard.



2008 ORGANIZATIONAL STRUCTURE

Directors and Committees

President	Jane Line	481-6510
Programs	Craig Rock	
Ways & Means—First VP	Kirk Scott	481-4435
Books & Publishing	Loren Nicholson	
Antiques Show	Doug LeSage & Ross Kongable	
Events Coordinator	Shelly Cochran, Doug LeSage	
Summer Concerts		
Adopt-A-Poll	Paulette McCann	489-4905
Membership—2nd VP Co-Chairs	Bee Hodges & Paulette McCann	473-1611
Corporate Membership Sales	Bee Hodges & Paulette McCann	
Heritage Press Newsletter, Editor	Bee Hodges	<i>hodge39@sbcglobal.net</i>
Sunshine	Ethel M. Gilliland	473-0175
Recording Secretary	Elaine Parrent	489-3486
Corresponding Secretary	Berneda Cochran	489-4129
Treasurer	Gary Hoving	929-3106
Publicity	Vivian Krug	458-3321
Webmaster	Vivian Krug	
Photography	Vivian Krug & Various Members	
Paulding History House Curator	Chuck Fellows	481-3464
Paulding Committee	Jean Hubbard	
Museums Curator	Jan Scott	481-4435
Assistant Curator	Joe Swigert	
Heritage House	Joe Swigert	
Santa Manuela Schoolhouse	Kathleen Sullivan	
The Barn	Orville Schultz	
Library & Resource Center	Craig Rock	
Property Management	Charles Porter	929-1014
Vehicles	Chet Thomas	
Gardening—Heritage House	Barbara LeSage	
Gardening—Santa Manuela School	Juan Jazo	
Gardening—Ruby's House	Juan Jazo	
Gardening—Paulding House	Juan Jazo	
Docent Leader		
Heritage House Coordinator	Jeanne Frederick	
Paulding House Coordinator	Dee Trybom	
Santa Manuela School Coordinator	Kathleen Sullivan	
Barn	Joe Swigert	
Student Tours	Norma Harloe	
Information Systems	Ross Kongable	489-2885
Parliamentarian	Effie McDermott	489-7398

Society Information 473-5077

Heritage House	481-4126	Paulding History House	473-3231
Santa Manuela School & The Barn	489-8745	Historic Hall	489-8114
Ruby's House	489-8282	www.SouthCountyHistory.org	

New Members

Shizue Seigel & Ben Pease
 Cynthia Snyder
 Margaret Ikeda & Evan Jones
 Bernard E. Huston
 Linnaea Philips
 T. J. SanFilippo
 Lillian Sakurai
 Jack & Madalene Farris
 Chris Line

"GET WELL WISHES"

were sent to:

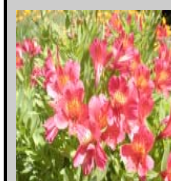
Trudy Beck & Joan Gove

&

Phoned to: Charlotte Young

??Wants and Needs ??

Jan Scott is looking for someone willing to devote an hour or two a month to keep our schoolhouse shining: basic dusting and damp mop, no windows. Call Jan if you can help at.....481-4435. Anyone??



An armful of floral bouquets to:

All our devoted and dedicated volunteers who managed to accumulate a total of **8,161 volunteer hours** manning or working at our Museums and on various projects that needed doing, fixing or cleaning.

A philanthropic bouquet goes to **Beta Sigma Psi, Chapter 796, Laureat Beta Psi**. This sorority contributes annually to SCHS by providing soup to our Tea Room during the Antique Show.

In addition, three of their members (who are also SCHS members) have been cleaning Heritage House Museum for two years. A dust-free, non-allergenic bouquet to **Barbara Bowles, Karen Hitchen and Donalyn Miller** for their help.



Wedding and Rental Events Coordinator —Shelly Cochran

I am happy to report to the Society that we have booked seven weddings for 2008, and it's only the middle of January. We have had inquiries for receptions, an anniversary party and a baby shower in the past few weeks as well. There are still some very good dates that remain open on the calendar, so don't hesitate to remind friends and family to call me or Doug if they are planning a special event.

*Sincere condolences are extended to the
families of:
Shirley Beckett Barbezat
Eva Swall Gates
Doris Gullickson
Robin Hizey Jackson
Donations received in their names go
into our
Memorial Fund unless requested other-
wise.*

**MAJOR 2007 SUPPORTERS OF THE
SOUTH COUNTY HISTORICAL
SOCIETY**

CITY OF ARROYO GRANDE
PATRICIA LOOMIS
CAROL HIZEY
HOWARD LOUIS
OSTY INSURANCE
CHRISTINE HARVEY
MIKE FAIRBROTHER
MARTIN & JANE LINE
BILL & CHERYL MILLER
SOUTH COUNTY REALTY
HOWARD & AILEEN MANKINS
DOC BURNSTEIN'S ICE CREAM LAB
SANDRA WORSHAM
PAT PHELAN
LESLEY GERBER BENN



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